



DESERT BRONZE

TANNING • WELLNESS • REJUVENATION

UV Tanning



WHY UV TANNING?

Aside from looking radiant and healthy, most people don't know that indoor tanning can actually yield great benefits to those who partake in the fifteen minutes of exposure to the UV blasting chambers.

While being exposed to UV rays for any great amount of time comes with risks, those risks aren't as dangerous as they've been rumored to be. In fact, the long laundry list of benefits to indoor tanning could outweigh the negatives once you're well informed about what good tanning can do for the body and skin.

FAQ

Why should I tan?

Aside from achieving beautifully tanned skin on the outside, tanning has many other benefits. Exposure to ultraviolet light in controlled quantities is the best way for your body to produce vitamin D. Vitamin D is an essential ingredient in the prevention of ailments such as bone disease and psoriasis. Vitamin D helps the body absorb calcium for strong bones and a healthy immune system! Exposure even helps in the prevention of colon or breast cancer...and a base tan helps to prevent accidental sunburn! People who are exposed to more hours of sunlight have shown to be happier and healthier.

What do indoor tanning lotions do?

Moisturized skin tans better, more quickly, and more evenly. Indoor tanning lotions containing accelerators and/or bronzers help you to get the most out of each tanning session by boosting your tan and preparing your skin each time. If you are looking to jumpstart your tan, try an accelerator. Whereas bronzers give you a little boost of color to help you achieve your results even faster. There are many different lotions available for you to use. Talk to one of our certified tanning specialists to find the perfect lotion for you.

Can I use outdoor oils or lotions when tanning indoors?

No. Outdoor tanning oils or lotions usually contain a SPF ingredient that will inhibit your tan. They also contain ingredients that will cause a film on the acrylic while you tan, blocking rays from getting to your skin. There is no need for an SPF while indoor tanning because it is a controlled environment. Your tanning professionals will assist you with setting the right tanning times to prevent over exposure.

How do I make my tan last?

Moisturize! Use a high quality moisturizer made for post-tanning to keep skin supple and soft. Your skin is always rejuvenating itself by shedding old top layer skin to expose new skin underneath. Dry skin sheds faster and takes your tan with it. Dry skin also reflects light rather than absorbing, which not only hinders your tanning process, but makes you look less tan than you are.

How often can I tan?

We will only allow you to tan once per day and highly recommend a 24-hour period between sessions (if there is no redness from the prior tan).

Is tanning harmful to a tattoo?

Frequent tanning may help to fade a tattoo, and we recommend covering completely a newly applied tattoo for the first 2-3 months after getting it. After that you can use a SPF 30 or higher on the area to shield it from the UV exposure and prevent any fading.

How old do I have to be to tan?

You must be eighteen years of age or older to tan without the consent of a parent/guardian. Anyone under 18 must have their parent/guardian present with them to sign the release form for the first time they tan.

Why do I need to use protective eye-wear?

The area around your eyes does not tan and needs complete protection from the UV exposure you get. Exposed eyes can lead to cataracts, bad night vision, loss of color perception, macular degeneration, and pterygium (tissue buildup caused by frequent irritation of the outer eye tissue). You MUST wear federally approved eye-wear, obtainable at the salon, every time you tan. We even have a one time use disposable pair for if you forget to bring yours.

Have more questions? Call or stop by anytime!